# WyoCysters PCOS Awareness 5k Walk Saturday, September 19,2015 <br> Registration hegins at 8:00 am - Walk starts at 9:00 am 

Course: The walk will start and finish at the Homesteader Park walking trail in Powell, Wyoming.
Registration:
Registration to walk is free for all ages but you are required to complete a registration form with the option to order a t-shirt before August 19, 2015.

Check-In: Check-In at Homesteader Park in front of the Rest Area starting at 8:00am
Amenities: All 5 K participants will receive a water bottle.
T-Shirts: Available sizes: Youth XS - XL and Adult S - 4XL Youth XS—Adult XL: \$10.50 | 2XL: \$12.50 | 3XL: \$13.50 | 4XL: \$14.50 Adult shirts have option of men or women's fit. If you order a women's Fit, order the next size up from your normal size.

Please consider purchasing a T-shirt to help spread Awareness for PCOS and for Powell's PCOS Support Group. WyoCysters' goal is to create a community for women living with PCOS in Wyoming. We started a support group in Powell this year and hope to expand with education and spreading awareness. Many girls or women go undiagnosed and may be at risk for serious and life threatening health conditions.

Event Coordinator: Lacey Huhnke
Phone: (307) 254-2708

> For more information and Support Group details visit us online at


Email: wyocysters@gmail.com
Cut out \& mail the official entry form with check (if purchasing t-shirt) payable to:
Lacey Huhnke, Attn: 5K Walk
173 S. Bernard St. Powell, WY.

## OFFICIAL ENTRY FORM— WyoCysters PCOS Awareness 5K Walk— September 19, 2015

First and Last Name: $\qquad$
Address $\qquad$ City $\qquad$ State $\qquad$ Zip $\qquad$

Day Phone (with area code) $\qquad$ T-Shirt Size: (circle one): YXS Adult Fit: (circle one): Men's Sizes Youth XS—Adult XL: $\$ 10.50$ | $2 \mathrm{X}: ~ \$ 12.50|3 X: \$ 13.50| 4 X: \$ 14.50$ Signature: $\qquad$ By signing you acknowledge that you are participating in this activity at your own risk and waive WyoCysters, and Date: $\qquad$ volunteers as liable for any injury that may occur.

